

## COFFEE

DOUBLE SHOT . OAT MILK

ESPRESSO..... £2.50

AMERICANO..... £2.50

FLAT WHITE..... £2.95

LATTE..... £2.95

CAPPUCCINO.....£2.95

## UPGRADES

LRG COFFEE..... +£0.30

XL COFFEE..... +£0.60

EXTRA SHOT..... +£0.50

ADD SYRUP..... +£0.50

## ADAPTOGENIC COFFEE

Black..... £3.50

With Milk..... +£0.30

### FLOW

Coffee with Lions Mane mushroom & Rhodiola. This blend helps you find motivation, mental clarity & focus.

### ZEN

Coffee with CBD & Ashwagandha. This blend is designed to promote a sense of peace.

### MOJO

Coffee with Cordyceps mushroom & Siberian Ginseng. This blend is designed for physical endurance, strength and vitality.

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## TEA

BREAKFAST . EARL GREY

PEPPERMINT . CHAMOMILE

LEMON & GINGER..... £2.30

## FEEL GOOD TEA

UP-BEET . CLEANSE .

CALM . SNOOZE..... £2.35

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## SPECIALS

MOCHA..... £3.45

Made with real chocolate

TURMERIC LATTE..... £3.20

BEETROOT LATTE..... £3.20

MATCHA LATTE..... £3.20

CHAI LATTE..... £3.20

DIRTY CHAI..... £3.65

## HOT CHOC

VELVET..... £3.80

A velvety drink.

Made with real 65% chocolate.

LIL-LUX (Thick)..... £3.50

Big hug in a small mug

Made with real 65% chocolate.

LUX (Thick)..... £5.50

Perfect for dunking pastries.

Made with real 65% chocolate.

## SMOOTHIES £4.95

### TROPICANA

Mango, Carrot, Kiwi, Banana, Guava, Apple, Pear.

### GREEN MACHINE

Curly Kale, Lemongrass, Banana, Mango, Apple, Pear.

### SUPER GREEN

Spinach, Apple, Lime, Avocado, Basil, Spirulina, Apple, Pear.

### ACAI

Strawberries, Mango, Blueberries, Açai, Apple, Pear.

### PASSION

Passion Fruit, Papaya, Pineapple, Peach, Guava, Aloe Vera, Apple, Pear.

### GINGER BEETS

Pineapple, Beetroot, Ginger, Blueberries, Apple, Pear.

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## SHAKES £4.95

### VANILLA

Made from luxurious vanilla ice cream.

### STRAWBERRY

Made from whole strawberries, vanilla ice cream and strawberry puree.

### CHOCOLATE

Made from chunky chocolate chips and chocolate ice cream.

## HIRE EVENT SPACE

Hire our mezzanine space!  
Meetings, birthdays, workshops  
- we've got you.

Get in touch for more info  
[hirespace@wellbeanco.com](mailto:hirespace@wellbeanco.com)

## FANCY A BITE?

FRESH FROM THE COUNTER  
EVERDAY:

CREAMY OVERNIGHT OATS.

SOUP OF THE DAY.

CAKES AND PASTRIES.

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### TOASTED BAGELS.

All available low gluten/gf.

Breakfast..... £4.95

Sausage, Smoked cheese, Baconaise.

Tempeh..... £4.95

Crispy tempeh, spinach, sun dried tomatoes, spicy cacao and lime sauce.

BBQ Chick'n..... £4.95

Kansas BBQ chick'n, Coleslaw.

Spread Hummus... £3.95

Harissa hummus, roasted aubergine, smoked red pepper.

Easy Cheezy..... £2.95

Smoked cheese bagel.

## DID YOU KNOW?

Practicing gratitude allows our brains to release feel good chemicals that positively impact mood and motivation. Over time, practicing gratitude will re-wire your brain to focus on what's going well versus what isn't.

Can you think of three things you're grateful for today? It can be anything. E.g. spending time in a cosy space.